



# Muswellbrook Aboriginal & Torres Strait Islander Services Directory

*Local & Regional Support Services,  
Essential Supports, 24/7 Help*

2026



Acknowledgement of Country

Muswellbrook Shire Council would like to respectfully acknowledge the local Aboriginal People who are the Traditional Owners and Custodians of the land.

Information about artworks:  
The Reconciliation Mural in Simpson Park is a large artwork depicting Aboriginal and European history of the Upper Hunter, designed by George Anderson and completed with community handprints symbolizing unity.

This resource was developed in partnership with the Muswellbrook Shire Council Aboriginal Reference Group

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# Welcome

Welcome to the Muswellbrook & Surrounding Areas Aboriginal Community Services Directory.

This booklet provides practical information to help Aboriginal and Torres Strait Islander community members access support services. To support easy navigation:

- Local Aboriginal and Torres Strait Islander services are listed first
- Followed by essential services including food, financial assistance, health, housing, youth services, and 24/7 helplines

\*Some services are based in nearby locations or provide support by phone or online but are available to people living in Muswellbrook and surrounding areas.



Aboriginal and Torres Strait Islander-focused services are marked with this symbol.

***If a service is not marked, you may wish to ask whether Aboriginal or Torres Strait Islander supports are available.***

# Local Aboriginal & Torres Strait Islander Services



## Aboriginal Maternal and Infant Health - *Kuunarr*

- Supporting pregnant women, their families and community.
- (02) 6542 2023
- Brentwood Street Muswellbrook
- Monday, Tuesday, Thursday 9:00am - 4:00pm  
Wednesday ..... 10:00am - 4:00pm  
Friday ..... 9:00am - 2:00pm

## Aboriginal Hospital Liaison Officer

- Offer support and advocacy for Aboriginal patients and their families during hospital stays and beyond.
- 36 Brentwood Street, Muswellbrook
- (02) 6542 2000
- Monday to Friday ..... 8:30am - 5:00pm

## Hunter Valley Aboriginal Corporation

- Offers subsidised housing, advice and support.
- (02) 6543 4822

## Upper Hunter Community Services - *Aboriginal Family Workers*

- Helping families of children 0–8 enhance parenting skills and children's outcomes in culturally safe ways.
- (02) 6542 3555
- Family Worker - Leanne Walklate: [lwalklate@uhcs.org.au](mailto:lwalklate@uhcs.org.au)
- Family Worker - Yvonne Palmer: [ypalmer@uhcs.org.au](mailto:ypalmer@uhcs.org.au)

## Wanaruah Local Aboriginal Land Council (LALC)

- Cultural Programs
  - Elders, women's and men's groups
  - Youth group (14–24)
  - Cultural Schools Program
  - School holiday activities
- Community Supports
  - Pantry Program (SecondBite)
  - Community events
- Culture & Heritage
  - Site inspections and cultural heritage protection
- Arts & Creativity
  - Arts & Yarn group
  - Local Aboriginal artwork displayed and for sale
- 19 Maitland St, Muswellbrook NSW 2333
- (02) 6543 1288
- Monday to Friday ..... 8:00am - 4:00pm



# Local Aboriginal & Torres Strait Islander Services



## BlackRoo

### **i New Beginning Program**

- Furniture and household items to support families from domestic violence and homelessness

### **Care Bags**

- Support for people under 18 going into care

### **Schools In Program**

- Uniforms, shoes and school bags

### **Dignity Bags**


- Toiletries for people in need

### **Forever Loved**

- Support programs for suicide prevention

### **Clothing Support**

 6 Market Street, Muswellbrook

 0476 233 700

 Available by appointment

## Ungooroo Aboriginal Cooperation

### **i Health & Wellbeing**

- GP and allied health services (bulk-billed)
- Integrated Team Care for people with chronic health conditions
- Social and emotional wellbeing support and yarning programs

### **Family, Youth & Community Support**


- Youth support and mentoring
- Specialist Homelessness Service for young people (12–25)
- Support for Elders to access services and aged care

### **Education, Training & Employment**


- Barranggirra Mentoring Program for students, trainees and apprentices

### **GP Outreach – Muswellbrook**

- **Bulk-billed GP service**
- **Tuesdays, 10:00am – 4:00pm**
- **Muswellbrook Hospital**
- **Appointments: (02) 6571 5111**

 Head Office 157-159 John Street  
Singleton NSW 2330

 (02) 6571 5111

 Monday to Thursday . 8:30am - 5:00pm  
Friday ..... 8:30am - 3:00 pm

### **Disability Support**





- NDIS support coordination and community participation

### **Culture & Community**




- Cultural and community programs
- Activities that support connection to culture and community

# Financial Support Services




## Centrelink Muswellbrook

-  Provides a range of financial assistance and support services to individuals and families
-  13 24 68
-  164 Bridge Street, Muswellbrook
-  Monday to Friday ..... 9:00am - 4:30pm




## Financial Counselling Hunter Valley Project

-  Provides a free financial counselling service.
-  (02) 4933 8999
-  Monday to Friday ..... 8:30am - 4:30pm





## Mob Strong Debt Help

-  Provides free nationwide legal advice and financial counselling services for Aboriginal and Torres Strait Islander People
-  1800 808 488
-  Monday to Friday ..... 9:30am - 4:30pm

## Muswellbrook Neighbourhood Service - Upper Hunter Community Services

-  Services including information, referral, advocacy, and assistance with emergency relief
-  (02) 6542 3555  
Muswellbrook Coordinator  
Vanessa Harshman
-  [vharshman@uhcs.org.au](mailto:vharshman@uhcs.org.au)

## VERTO

-  Provides support with financial counselling, budgeting, debt management, service referrals
-  1300 483 786
-  4/160 Bridge Street, Muswellbrook
-  Monday to Friday ..... 9:00am - 5:00pm

# Food Assistance Services

## Red Door Kitchen

- 📍 Enjoy a free nutritious meal with conversation & a cuppa. Everyone welcome.
- 📍 Uniting Church Muswellbrook  
114 Bridge Street, Muswellbrook
- 🏠 Thursday ..... 12:00pm - 2:00pm

## Rotary Club of Muswellbrook

- 📍 FREE community BBQ dinner. Enjoy hot food & warm conversations. All welcome.
- 📍 St Albans Church Hall,  
Cnr Brook Street and Hunter Tce,  
Muswellbrook
- 🏠 Second Wednesday of every month 5:30pm

## Sam's St Albans Ministry Centre

- 📍 FREE food parcels available. Please bring Centrelink Income Statement & Centrelink Card.
- 📍 73 Bridge Street, Muswellbrook
- ☎ 0487 180 082

## SecondBite program -

### Wanaruah LALC

- 📍 Partnering with SecondBite to provide free fresh produce, frozen and baked goods to people in the community.
- 🏠 Monday ..... 12:00pm - 2:30pm  
Wednesday..... 12:00pm - 2:30pm  
Friday ..... 12:00pm - 1:30pm

## St Vincent de Paul Muswellbrook (Vinnies)


- 📍 Provides emergency food assistance and support services for community members in need.
- ☎ Food assistance number: 0490 215 915

## The Vines Community Church


- 📍 All grocery items are greatly reduced.  
FREE fruit, vegetables, and bread.  
FREE sausage sizzle on Wednesdays.
- 📍 75 Bridge Street, Muswellbrook
- 🏠 Wednesday ..... 12:00pm - 4:00pm  
Thursday ..... 9:30am - 4:00pm  
Friday ..... 9:30am - 4:00pm

# Family Services


## Department of Communities and Justice (DCJ) - Muswellbrook Community Services Centre

- Support with family and child services, housing help, domestic and family violence referrals, and access to support programs. *Families can ask for culturally appropriate support or an Aboriginal Caseworker.*
- 6 Market Lane, Muswellbrook
- (02) 6542 3444
-  Monday to Friday ..... 9:00am - 4:30pm


## The Benevolent Society

- Free service supporting children, young people and families with life challenges.
- 47 Maitland St, Muswellbrook
- 1800 236 762
-  Monday to Friday ..... 8:30am - 4:30pm


## Tresillian

- Provides early parenting support to families with children up to three years old.
- Marketplace Shopping Centre, Shop 4B/22 Sowerby St, Muswellbrook
- (02) 5575 4910
-  Monday to Friday ..... 8:00am - 4:30pm

## Upper Hunter Community Services - Family Support Service

- Free service with a focus on strengthening and supporting families.
- QEII Community Centre, Corner Bridge & Market Streets, Muswellbrook.
- 02 6542 3555
-  Monday, Tuesday, & Thursday ..... 9:00am - 4:00pm
- Wednesday ..... 10:00am - 4:00pm
- Friday ..... 9:00am - 2:00pm

## Upper Hunter Youth Services

- Supporting young people and their families including counselling to providing support, advocacy and referrals.
- 95 Maitland St, Muswellbrook
- (02) 6543 4841
-  Tuesday to Friday ..... 9:00am - 4:00pm



# Health Services

## Dental - Muswellbrook Hospital

- 📞 6542 2050
- 📞 0408 663 243
- 📍 Brentwood Street, Muswellbrook
- 🏠 Monday to Friday ..... 8:30am - 5:00pm

## Drug & Alcohol Health Services

- 📞 Assistance with a range of treatments for those affected by drugs and/or alcohol.
- 📍 86 Sydney Street, Muswellbrook
- 📞 (02) 6543 2677
- 🏠 Monday to Thursday ..... 8:00am - 4:30pm

## Hearing Australia

- 📞 Hearing checks, prevention, early detection, treatment of hearing loss
- 📍 19/29 Rutherford Road, Muswellbrook
- 📞 (02) 4937 9700
- 🏠 Tuesday ..... 9:00am - 5:00pm

## Hunter Valley Community Health Service - Muswellbrook

- 📞 Provides patient-centred care, offering nursing, allied health and mental health services. Call to book an appointment
- 📍 Bowman St, Muswellbrook
- 📞 (02) 6542 2050
- 🏠 Monday to Friday ..... 8:00am - 5:00 pm

## Muswellbrook Medicare Mental Health Centre





- 📞 Free service, support and mental health information from qualified professionals. No appointment or referral needed.
- 📞 1300 595 212
- 📍 160 Bridge Street, Muswellbrook
- 🏠 Monday, Wednesday & Thursday .. 9:00am - 8:00pm
- Tuesday & Friday ..... 10:00am - 5:00pm
- Saturday & Sunday ..... 12:00pm - 4:00pm

## Muswellbrook Hospital






- 📞 24-hour emergency, telehealth, healthcare services including general medicine, surgical, medical imaging, pathology and maternity. Call to book appointments.
- 📍 Brentwood St, Muswellbrook
- 📞 (02) 6542 2000
- 🏠 Admin - Monday to Friday ... 8:30am - 4:30pm

# Housing Services




## Aboriginal Housing Office

-  Telephone conversations to provide better housing choices for Aboriginal and Torres Strait Islander people in NSW
-  1800 727 555
-  Monday to Friday ..... 8:30am - 4:30pm
-  [aho.nsw.gov.au](http://aho.nsw.gov.au)





## Home in Place

-  Provides social housing, support, and community programs, particularly for those with difficulties finding suitable housing.
-  1/56-58 Brook Street, Muswellbrook
-  1300 333 733
-  Monday to Friday..... 9:00am - 5:00pm
-  [homeinplace.org](http://homeinplace.org)



## Hunter New England Homeless Youth Assistance Program (HYAP)

-  Supports children and young people 12 – 15 years who are homeless or at risk of becoming homeless
-  02 4934 0814
-  Monday to Friday ..... 9:00am - 4:30pm

## Hunter Tenants Advice and Advocacy Service

-  Telephone advice line about your renting situation, online forms if you're facing eviction from your rental.
-  4969 7666 or 1800 654 504
-  Monday to Friday ..... 9:00am - 1:00pm
-  [tenants.org.au](http://tenants.org.au)

## Link2Home

-  24/7 information and referral service for those needing urgent accommodation.
-  1800 152 152





## Upper Hunter Homeless Support

-  Support regarding homelessness, risk of homelessness, and domestic and family violence situations.
-  3 Wilkinson Ave, Muswellbrook
-  (02) 6542 5051
-  Monday to Friday ..... 10:00am - 4:00pm
-  [upperhunterhomeless.org.au](http://upperhunterhomeless.org.au)

# Legal Services





## Aboriginal Legal Service -

### Newcastle

-  Offers a range of free, culturally safe legal services to Aboriginal and Torres Strait Islander people in New South Wales
-  1800 765 767
-  Monday - Friday ..... 9:00am - 5:00pm
-  [alsnswact.org.au](http://alsnswact.org.au)

## Family Law for Aboriginal

### Communities (FamAC)





-  Free legal support for Aboriginal and Torres Strait Islander families with parenting, family law, and child protection issues
-  (02) 9407 2941
-  Monday - Friday ..... 9:00am - 5:00pm
-  [legalaid.nsw.gov.au](http://legalaid.nsw.gov.au)

## First Nations Women's Legal Program





-  Free, confidential legal support and referrals for Aboriginal and Torres Strait Islander women on domestic violence, sexual assault, family law, parenting, discrimination, and victims' support.
-  (02) 8745 6977  
1800 639 784 (rural)
-  Monday, Tuesday, Thursday ..... 9:30am-12:30pm / 1:30pm-4:30pm  
Friday ..... 9:30am-12:30pm
-  [wlsnsw.org.au](http://wlsnsw.org.au)

## Youth Justice Community

### Office

-  Support young people in the criminal youth justice system, run intervention programs and supervise community orders.
-  (02) 6541 1191
-  Court House, Bridge Street, Muswellbrook
-  Monday to Friday ..... 9:00am - 5:00pm

## Legal Aid NSW

-  Provide legal information, advice, and representation to individuals who cannot afford private legal counsel
-  1300 888 529
-  Monday to Friday ..... 9:00am - 5:00pm
-  [legalaid.nsw.gov.au](http://legalaid.nsw.gov.au)

# Helplines

## 13YARN

- 24/7 one on one yarning opportunities for people who are feeling overwhelmed or difficulty coping
- 13 92 76
- 13yarn.org.au

## Alcoholics Anonymous Australia

- 24/7 urgent support or help to stop drinking
- 1300 222 222
- aa.org.au

## Beyond Blue

- 24/7 support
- 1300 22 4636
- beyondblue.org.au

## Brother to Brother

- 24/7 phone support for Aboriginal men needing help with relationships, family violence, parenting, substance use, or wellbeing.
- 1800 435 799

## Kids Helpline

- 24/7 online and phone counselling service for young people aged 5-25
- 1800 551 800
- kidshelpline.com.au

## Lifeline

- 24/7 suicide prevention and crisis support
- 13 11 14
- lifeline.org.au

## MensLine Australia

- 24/7 telephone counselling for men
- 1300 789 978
- mensline.org.au

## National Alcohol and Other Drug Hotline

- 24 hour alcohol and other drug support
- 1800 250 015
- counsellingonline.org.au

## Narcotics Anonymous

- Support in finding someone to talk to or to find local meetings
- Call 1300 652 820 or text 0488 811 247 with your postcode and state/territory to receive a list of local meetings within the next 24 hour period.
- na.org.au

## National Dementia Helpline

- Support for people experiencing Dementia & Alzheimer's
- 1800 100 500
- dementia.org.au

## Tresillian Parents Helpline

- Open 7 days, 7:00am - 11:00pm
- 1300 272 736
- tresillian.org.au

## 1800RESPECT

- 24/7 support and information about abuse, domestic violence and sexual abuse
- 1800 737 732
- 1800respect.org.au

# Additional Contacts

Name:

Address:

Phone number:

Website:

Name:

Address:

Phone number:

Website:

Name:

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Website:









**muswellbrook  
shire council**



Campbell's Corner 60-82 Bridge Street Muswellbrook NSW 2333



02 6549 7300



[council@muswellbrook.nsw.gov.au](mailto:council@muswellbrook.nsw.gov.au)



[www.muswellbrook.nsw.gov.au](http://www.muswellbrook.nsw.gov.au)